



Compliance – fatigue and work diary

Units of Competency:

- TLIE3028 Complete a work diary in the road transport industry
- TLIF0005 Apply a fatigue risk management system

Overview

This course consists of units of competency in the Transport and Logistics Training Package; it is delivered in a classroom environment, encouraging interaction and knowledge sharing between participants.

This course is targeted at operators wishing to obtain NHVAS fatigue accreditation and must be completed prior to an NHVAS entry audit.

Who is this course for?

Drivers currently, or intending to be, employed by an NHVAS accredited organisation, who want to utilise the flexibility of Basic Fatigue Management.

Language, literacy and numeracy skills are required to the level of completing and compiling workplace forms, understanding basic graphs and completing calculations using manual and electronic processes.

Course content

- Fatigue warning signs and strategies to minimise
- Lifestyle choices, sleep, diet or other risks
- Fatigue related accidents and penalties
- Regulation, legislation, permits, licences
- Purpose of the work diary
- Information required to complete a work diary and implications for inaccuracies

Learning outcomes

On completion of the course participants should be able to:

- Identify relevant regulations, legislation and workplace procedures
- Identify sources of information to enable accurate completion of documents and logs
- Understand workplace protocols for adhering to and reporting on fatigue issues
- Accurately complete standard workplace documents

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Assessment

Participants engage in:

- Problem solving activities and scenarios
- Short answer questions - written
- Complete basic calculations
- Group participation
- Work type activities

Award

This is a nationally recognised training program. Participants who successfully complete the assessment for this course will receive a Nationally Accredited Statement of Attainment for the units of competency outlined above.

Course duration

1 day